# Children's Community Residence (CCR) Program Information for Caregivers



### What is a Children's Community Residence?

Children's Community Residences (CCR) are home-like programs for youth with mental health needs. They offer a temporary place for youth to live with supervision, structure, skill building and behavior support. During a youth's time at a CCR, they attend school in the community. Youth also receive treatment services, like therapy and medication management, in the community.

CCRs are a 24 hour/7 day a week program. CCR buildings are not locked. There is a ratio of at least one staff to four youth. Youth may have their own bedroom or share with one other youth.

## How do CCRs help?

The CCR offers youth and families space and support to practice skills so that they can better handle challenges. They help to identify needs and connect youth and families to services in the community.

CCR staff meet with caregivers to work on a family centered plan of care. They offer support in strengthening the youth and family relationships. As the youth makes progress in the program, they spend more time at home. Home time is an opportunity to practice the skills and routines caregivers and youth have learned. CCR staff are available to support a youth and family during those times.

#### What services does a CCR provide?

Clinical Services	
<ul> <li>Identification of strengths</li> <li>Identification of unmet needs</li> <li>Behavior management</li> <li>Teaching daily living skills</li> <li>Teaching independent living skills</li> <li>Socialization</li> </ul>	<ul> <li>Supportive counseling (non-licensed)</li> <li>Educational-vocational support</li> <li>Family Support</li> <li>Physical Health Support</li> <li>Recreational Activities</li> <li>Wraparound service planning with community-based partners</li> </ul>
Crisis Resolution and Prevention Services	
<ul><li>Nursing services</li><li>Crisis prevention planning</li></ul>	Crisis prevention and de-escalation

### Is my child eligible for CCR?

CCRs are voluntary programs that serve youth between the ages of 5 and 17. CCRs may be a fit for youth who are receiving community-based services but need more support. The youth's provider must agree that they have a Serious Emotional Disturbance (SED). SED means the youth's mental health symptoms are keeping them from functioning in their daily life.

Each CCR is different. Not all CCRs will be a fit for all youth.

#### How is a CCR paid for?

CCR services are covered under Medicaid. If a youth does not have Medicaid coverage, they may still be admitted to the CCR. The program helps apply for coverage.

Room and board at a CCR is paid for by a youth's Supplemental Security Income (SSI). If a youth does not have SSI, the CCR helps to apply. The CCR will speak with caregivers about any costs of treatment that are not covered.

#### How do I access a CCR?

You apply for a CCR through your local Children's Single Point of Access (C-SPOA). You can find your local C-SPOA at this <u>website</u>. Choose your county from the map and it will bring you to a page with the name and contact information for your county's C-SPOA. A CCR application requires a packet with several evaluations from professionals.

C-SPOA reviews the completed application to decide if a CCR is most appropriate for the youth. If a youth is appropriate for CCR, the C-SPOA will send the application to the program(s) for them to decide if they can meet the youth's needs.

#### Where can I get more information?

Contact your local department of mental health or C-SPOA. The C-SPOA contact list can be found <u>here</u>.